

LICHEN SCLEROSIS

What is lichen sclerosis?

Lichen sclerosis is a chronic inflammatory condition of unknown cause that occurs mostly in the genital area. This condition produces symptoms such as:

- Whitish discoloration or redness of skin
- Intense itching
- Thinning of the skin
- Frequent discomfort with urination and sexual intimacy

On rare occasions, lichen sclerosis can occur in other locations, such as mucous membranes in the mouth. Occasionally, this condition occurs in men, mostly those who have not been circumcised. Men often display the same symptoms, but they may also experience obstruction to the flow of urination and significant pain during erections.

Conventional therapy typically involves eliminating irritants and the use of potent topical corticosteroids. Potent cancer chemotherapeutic drugs are sometimes used, including a certain type of ultraviolet light therapy. These therapies often offer symptomatic relief but do not heal the underlying tissues.

Fortunately, there is a therapy that is known to clear up lichen sclerosis: Carbon dioxide laser ablation. The CO₂RE Intima laser delivers ablative therapy to these tissues with a scientifically proven method to actually heal the affected tissues.

This is how the simple procedure works:

1. A topical cream is applied to numb the affected area (no injections or inhaled anesthesia).
2. The laser beam is applied to the affected area (usually three times, occurring about a month apart).

Success rates are in excess of 90 percent in reported studies of both women and men.

To ensure the condition has been successfully treated, a biopsy is often required for confirmation. Our staff will complete the biopsy in our offices with a simple local anesthetic.



Call 812-331-9160 or email pcbrittain@gmail.com to schedule a consultation